

## North Memorial Music Therapists ROCK!

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## Only 6% of adults PLAYED last year! Did YOU?

(NAMM Foundation)

## Outline

- Musical Introduction & Conversation
- Shaker Pass
  - o Pick & Pass
    - Change directions!
    - Close your eyes!
    - Speed it up!
  - o Pick, Pass & Hold
    - Change directions!
    - Close your eyes!
    - Speed it up!
- Thunderstorm
- Drumming
  - o Build the groove...
  - Add tempo/dynamic changes
  - Experiment with eye open/closed
  - Add solos!
- Let's ROCK!!

If you have any questions or comments, please let me know!

Please follow us on Facebook, Twitter & Instagram (@JoyfulNoisesLLC)!

## **Action Items**

| How can you incorporate drumming more intentionally into your music therapy practice & your life? |  |
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| Space for Doodling & Notes  |  |
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