



Music Therapy & Mental Health

Jennifer Hicks, MT-BC, RYT

North Memorial Partial Hospitalization Program ~ May 28, 2015

Music Therapy & Mental Health ~ AMTA Fact Sheet

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<http://www.musictherapy.org/research/factsheets/>

Lyric Analysis & Song Writing ~ Let It Be (Paul McCartney) Drumming

Music Therapy & Yoga

Music Therapy at North Memorial

“Currently, MT's at North work primarily with hospice and oncology patients. Hospice employs 2 full-time MT's and one CPT position. Approximately 50% of hospice patients choose to have music therapy as part of their team. Patients at the Humphrey Cancer Center receive music therapy 4-8 hours per week. Music therapists at North are also involved with bereavement support groups, the Stroke Center support group, community grief groups with teens, and have provided some music therapy services to inpatient units in the hospital. The MT's also supervise practicum students and interns as part of a clinical training program partnership with Augsburg College and the University of Minnesota.”

~ Kayla Shafer, MA, MT-BC

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